

HOW TO MAKE SALT DOUGH



**NO COOKING
NEEDED!**

***THIS PLAY DOUGH
WILL LAST FOR A
COUPLE WEEKS IN
THE FRIDGE!***

**NEED A VIDEO
TUTORIAL?**

Here's a link for a
great one on
YouTube:

[How to Make Play
Dough - Easy No
Cook Recipe! | Sea
Lemon](#)



WHAT YOU NEED:

- 1 cup of flour
- 1/2 cup of fine salt
- 1/2 cup of water
- food coloring/dye or washable paint
- mixing bowl
- clean surface (like a kitchen counter or table)
- airtight container (like a zippered plastic bag or lunch container)

DIRECTIONS:

1. Put 1 cup of flour, 1/2 cup of fine salt, and 1/2 cup of water into your mixing bowl.
2. Mix them up completely with your hands until it is a thick dough. If it is not sticking together, add ***a little bit*** more water. If it is too wet or sticky, add ***a little bit*** more flour.
3. Divide your dough into clumps. Make as many clumps as the colors you want.
4. Use your finger to press a hole in the middle of each clump and add 2-5 drops of food coloring OR paint.
5. Squish the clump with food coloring/paint around in your hands until it's mixed in. **This will get MESSY, so make sure you're doing this somewhere that's easy to clean up, like a kitchen counter or table.**
6. Wash your hands between mixing each different colored clump so you don't mix up the colors.
7. You did it! Use your dough to sculpt anything you want! Ask an adult to help you bake your creations for a few minutes in the oven if you want them to be permanent.
8. When you're not using your dough, store it in an airtight container in the fridge. It should be good for 1-2 weeks.